

ALPINE TR SKI RACING

2010 HS Post Season Training Feb 16-Hyland closes \$150

Camp cost includes: coaching & lane space

REGISTRATION DUE BY ASAP
Space is limited

2010 HS Post season training Registration

Please complete and return by mail, fax or email to:

Three Rivers Ski Team
5400 Opportunity Ct Suite 150, Minnetonka MN 55343
Phone 952-746-5252 Fax 952-979-1590
piones@threeriverskitracing.com
bmarceau@northland-financial.com

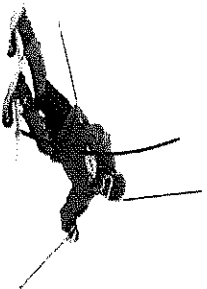
We are excited to announce that we are pre-paring for our High School Post season training program at Hyland Hills. Camp size will be limited to 20 athletes. The camp will consist of 4 days of skiing per week including free skiing and drills. We will focus on Slalom. The basics, drills and full length courses will be utilized in our training. Video analysis will be used to help each athlete reach their full potential.

This is a great opportunity for high school racers to get some extra training during the Holiday break. The season is short so take advantage of this opportunity to be ready to go racing when you go back to school.

Feb 16-Hyland closes

Mon-Thur 3:15-5:15pm

Daily Schedule



Name _____
 Address _____
 City _____ Zip Code _____
 State _____
 Home phone _____
 Work phone _____
 Cell phone _____
 Email _____
 Age _____ Male/Female circle _____
 Years Skiing _____
 Years Racing _____
 Ski Team _____
 USSA # _____
 FIS # _____
 Birthdate _____
 Emergency Contact Info:
 Name _____
 Phone _____
 Cell phone _____
 Family Physician Info
 Name _____
 Phone _____

HOLIDAY CAMP \$ 150.00cash/check
160.00 credit card

Credit card payment available for Visa & Master Card

Card number _____
 Expiration date _____ Billing zip code _____
 Security code on back (last 3 numbers) _____
 Card holder signature _____

ASSUMPTION OF RISK, WAIVER AND RELEASE FROM LIABILITY

I understand and hereby acknowledge that alpine ski racing and dryland training are activities that involve known and unknown risks, including but not limited to, risk of personal injury, including disability and death. Acknowledging these risks and assuming responsibility thereof, I hereby apply to the 2010 Camp, and agree that I am solely responsible for my safety and agree to waive and release Three Rivers Ski Racing, Inc., Three Rivers Park Dist, and their Officers, Directors, Owners, Agents, Landowners, affiliated Companies, Employees and Independent Contractors and their successors and assigns from any and all claims, demands and causes of action whatsoever (including costs and attorney fees) in any way growing out of or resulting from participation in the 2010 Camp and the use of the facilities. Further, as a guardian or parent, I give the representatives of the 2010 Camp permission to obtain medical aid for my child in the case of illness or injury. It is understood that every effort will be made to contact me if medical attention becomes necessary. It is understood that the camp does not provide medical insurance covering sickness or injury of any nature and participants must be covered by their own insurance policy.

Participant Name _____
Signature _____
Date _____

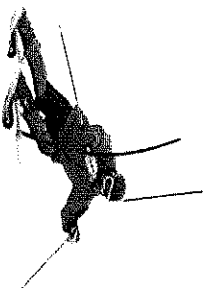
I agree as a legal guardian to the Participant to all of the above Waiver and Release from Liability provisions with respect to the Participant.

Parent/Guardian Name _____
Signature _____
Date _____
Insurance Co. _____
Policy # _____
Current Prescriptions _____



SKI
RACING

HS POST-SEASON TRAINING AT HYLLAND FEB. 16-HYLLAND CLOSES



UPCOMING PROJECTS

SUMMER CAMP AT MT HOOD, OR
JUNE 21-30, 2010

THREE RIVERS RACING, INC
5400 Opportunity Court Suite 150
Minnetonka, MN 55343
952-746-5252
952-979-1590 fax